

## DISCHARGE SUMMARY

PATIENT NAME: SHIVANSH	AGE: 8 MONTHS & 13 DAYS, SEX: M
REGN: NO: 13985319	IPD NO: 48737/26/1201
DATE OF ADMISSION: 06/03/2026	DATE OF DISCHARGE: 16/03/2026
CONSULTANT: DR. K. S. IYER / DR. NEERAJ AWASTHY	

### DISCHARGE DIAGNOSIS

- Complex congenital heart disease with decreased pulmonary blood flow
- Situs solitus, Mesocardia
- Congenitally Corrected Transposition of great arteries
- Unroutable Large Inlet ventricular septal defect
- Pulmonary atresia
- Patent ductus arteriosus dependent Pulmonary circulation
- Hypoplastic Left pulmonary artery
- Confluent and adequate right pulmonary artery

### OPERATIVE PROCEDURE

Right Bidirectional Glenn Shunt (The cephalic end of Superior vena cava is anastomosed end-side to the right pulmonary artery) + Azygous vein ligation and division + Patent ductus arteriosus ligation done on 10/03/2026

### RESUME OF HISTORY

Shivansh is a 8 months old male infant (date of birth: 25/06/2025) from Bareilly who is a case of complex congenital heart disease. He is 3<sup>rd</sup> in birth order and is a product of full term LSCS (lower segment caesarian section) delivery. His birth weight was 2.5 kg. Maternal age is currently 28 years. Other two siblings are apparently well (12 years and 8 years old girls).

He had history of loose motion for which he was admitted in local hospital in Bareilly. During evaluation, cardiac murmur was detected. Echo was done which revealed complex Congenital heart disease. He also had history of dyspnoea on exertion and cyanosis. He was referred to Fortis Escorts Heart Institute, New Delhi for further management.

## **CONDITION AT DISCHARGE**

His general condition at the time of discharge was satisfactory. Incision line healed by primary union. No sternal instability. HR 110-120/min, normal sinus rhythm. Chest x-ray revealed bilateral clear lung fields. Saturation in air is 84-88%. **His predischarge x-ray done on 14/03/2026**

**Family is cautioned against vomiting, refusal to feed, diarrhoea and dehydration due to any causes which may lead to potentially fatal Glenn failure.**

**In view of complex Congenital heart disease in this child, preferably she is advised not to have any more pregnancies.**

**Other siblings are advised detailed cardiology review.**

## **PLAN FOR CONTINUED CARE:**

**DIET : Fluid restricted diet as advised**

**Normal vaccination (After 6 weeks from date of surgery)**

**ACTIVITY: Symptoms limited.**

**Nurse sitting up for 6 months.**

## **FOLLOW UP:**

Long term cardiology follow- up in view of:-

- 1. Palliative surgery – Bidirectional Glenn Shunt**
- 2. Aspirin therapy**

**Review on 17/03/2026 in 5<sup>th</sup> floor at 09:30 AM for wound review**

**Repeat Echo after 6 – 9 months after telephonic appointment**

## **PROPHYLAXIS :**

**Infective endocarditis prophylaxis prior to any invasive procedure**

## MEDICATION:

1. Syp. Paracetamol 125 mg PO 6 hourly x one week
2. Tab. Pantoprazole 10 mg PO twice daily x one week
3. Syp. Lasix 10mg PO twice daily till next review
4. Tab. Aldactone 6.25 mg PO twice daily till next review
5. **Tab. Colsprin 40 mg PO once with feed till next review - not to be stopped  
(Dose of Colsprin to be increased (5mg/kg/day) according to weight gain upto maximum  
of 100mg once daily)**
6. Syp. Shelcal 2.5 ml PO twice daily x 3 months

7. **Nasoclear nasal drop 2 drop both nostril 4<sup>th</sup> hrly**
8. **Nebulization with normal saline 4<sup>th</sup> hrly**

- **All medications will be continued till next review except the medicines against which particular advice has been given.**

**Review at FEHI, New Delhi after 6 – 9 months after telephonic appointment  
In between Ongoing review with Pediatrician**

**Sutures to be removed on 24/03/2026; Till then wash below waist with free flowing water**

**4<sup>th</sup> hrly temperature charting - Bring your own thermometer**

- **Daily bath after suture removal with soap and water from 25/03/2026**

**Telephonic review with Dr. Parvathi Iyer (Mob. No. 9810640050) / Dr. K. S. IYER (Mob No. 9810025815)**



(DR. KEERTHI AKKALA)  
(ASSOCIATE CONSULTANT  
PEDIATRIC CARDIAC SURGERY)



(DR. K.S. IYER)  
(CHAIRMAN  
PEDIATRIC & CONGENITAL HEART SURGERY)

Please confirm your appointment from (Direct 011-47134540, 47134541, 47134500/47134536)

- Poonam Chawla Mob. No. 9891188872
- Treesa Abraham Mob. No. 9818158272
- Gulshan Sharma Mob. No. 9910844814
- To take appointment between 09:30 AM - 01:30 PM in the afternoon on working days

OPD DAYS: MONDAY – FRIDAY 09:00 A.M

In case of fever, poor feeding, fast breathing, breathing difficulty, chest pain, wound discharge, bleeding from any site call 47134500/47134536/47134534/47134533

Patient is advised to come for review with the discharge summary. Patient is also advised to visit the referring doctor with the discharge summary.

